

KNIGHTERS COACHING DAY 1-11-09

Given that the weather has been rather kind to us of late we decided to fit in one more official ride for the season at Knights excellent setup. Especially as Greg has sections and obstacles galore right next to the carpark, complete with bbq facilities and playground for the kids. It really doesn't get any better than this. And maybe we should rename Knights as now 2 of the state Star Award trophies now reside there.



We had all three Mototrials coaches on hand so everyone was able to fit in lotsa practice time. Thanks Colin, Rob and Supercoach. We would be stuffed without you guys.

Sharon Warnest, fresh from her first ride in a mototrial brought out her TY250. And lookout coz she must be getting serious as she has just purchased a Beta 200. And a world first ever we even had 2 Bultaco Sherpas turn up. Not only Team Baughans Sherpa but Peter (whose

last name I can't remember) brought his equally tidy Sherpa. He was even gave me a ride.....I now have a new appreciation of liquid cooling twin disc brakes and modern suspension.

Duncan brought out his trusty TY sidecar but minus his regular swinger Lochie who was out at Australian Sidecar MX Champs contesting the open class MX chairs at Acusa Park. Pics of some blokes doing some ballsy stuff on sidecars are here;

<http://picasaweb.google.com/gasgasman280>



So Duncan kindly was offering 'rides' to everyone on his sidecar for which there were many takers. And I found a new way to scare the crap out....just hop on Team Green's TY175 sidecar with Duncan at the helm who will then proceed to point it at all sorts of obstacles that are positively scary when you are the passenger. Mind you I was able to turn the table on him when I took over the controls and Duncan swung. Now there's a dangerous combination.....a throttle happy marginal B grader with an experienced sidecar rider who has no idea how to passenger.

Needless to say we almost crashed our brains out.

Greg even took us all right out the back of his property where we found some excellent big rocks and logs. Also found plenty of long tall grass that hid aforementioned rocks and logs which made riding around there a bit diabolical unless you were following somebody else.

And for the blokes who I was trying to drum into their heads proper turning technique-here is the link to the vid and the article.

Read it and then go practice it UNTIL IT BECOMES YOUR AUTOMATIC REACTION IN A TURN! I wont mention the names of the people who that last comment is aimed at!.....or I might if I find them still making the same mistakes next season.....

The turning tutorial and video is here;

<http://trialstrainingcenter.com/how-to-ride-motorcycle-trials/basic-turns/>

Aussie Sidecar MX titles on Saturday, Mototrials Presentation Dinner on Saturday nite(thanks Team Green) and all day mototrials practice at Knighters excellent setup. Doesn't get any better than that. Period.

